# Anatomy and Physiology: Year at a Glance

## First Semester

### Organization and Transport 55 instructional days

| **Unit**  | **Organization and Transport - 17 Days**  | **Cardiovascular System -26 Days**  | **Respiratory System - 12 Days**  |
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| **TEKS**  | 7A, 7B, 11A, 11B, 13A, 13B  | 7A, 7B, 8C, 9A, 9B, 10A, 11A, 11B, 11C, 13A, 13B  | 7A, 7B, 9A, 9C, 10A, 11A, 11B, 11D   |
| **Stage One Snapshot**  | **Enduring Understandings** * Many processes work together to maintain homeostasis in order for organisms to survive.
* Structure is related to function.
 | **Enduring Understandings** * The cardiovascular system plays a vital role in body homeostasis and distribution of substances.
* Stem cell technologies will alter the future of medical treatment.
* Diet, exercise and genetics determine cardiovascular health.
 | **Enduring Understandings** * Respiratory system gas exchange plays a vital role in body homeostasis..
* Environmental factors and life-style choices impact respiratory health.
* Respiratory and cardiovascular efficiency are strongly linked to overall organism health.
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## Excretion 18 instructional days

| **Unit**  | **Urinary System - 8 Days**  | **Digestive System - 10 Days** |
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| **TEKS**  | 7A, 7B, 9A, 9B, 9C, 11A, 11B, 11C, 11D, 13B  | 5A, 5B, 5C, 5D, 7A, 7B, 11A, 11B   |
| **Stage One Snapshot**  | **Enduring Understandings** * The urinary system plays homeostatic roles by ridding the body of nitrogenous wastes while regulating water, electrolyte, and acid-base balance of the blood.
* The composition of urine (urinalysis) is an indicator of overall body health.
* While an organism can survive without some organs, such as the stomach or spleen, it will not survive without a kidney or artificial means of blood filtration.
* Aging in general causes a decrease in efficiency and increase in potential disorders.
 | **Enduring Understandings** * The digestive system plays a vital homeostatic role in providing nutrients in a usable form to all cells.
* Structures that increase surface greatly enhance nutrition transport.
* Environmental factors and life-style choices (especially unhealthy eating habits and obesity) impact health.
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## First and Second Semester

### Protection 20 instructional days

| **Unit**  | **Integumentary System - 7 Days (First Semester)** | **Lymphatic and Immune System - 13 Days (Second Semester)** |
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| **TEKS**  | 7A, 7B, 10A, 10B, 11A, 11B, 11D  | 7A,11A, 11B, 11C, 13B  |
| **Stage One Snapshot**  | **Enduring Understandings** * The skin plays a vital role in protection and homeostasis.
* Natural and artificial UV exposure may lead to an increased incidence of skin cancer and premature aging.
* Aging causes a decrease in skin tissue functions.
 | **Enduring Understandings** * The lymph and immune systems play a vital role in protection and homeostasis.
* Immune response provides long term protection against most pathogens.
* Stem cell research could lead to reduction in transplant rejection and treatment of autoimmune disease.
* Aging in general causes a decrease in immune efficiency and increase in potential disorders.
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## Second Semester

### Control and Coordination 41 instructional days

| **Unit**  | **Nervous System - 18 Days**  | **Skeletal System - 12 Days**  | **Muscular System - 11 Days**  |
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| **TEKS**  | 7A, 7B, 8A, 8B, 11A, 11B, 11C, 11D, 13A, 13B | New: 6A, 6B, 6D, 11A, 11B, 11C, 11D  | 6B, 6E, 7A, 7B, 8B, 10A, 10B, 11A, 11B, 11C, 11D |
| **Stage One Snapshot**  | **Enduring Understandings** * The nervous system coordinates body homeostasis.
* A person is born with all of the neurons he/she will ever have.
* The movement of nerve impulses from one cell to another controls all body functions.
* Advanced technologies will alter the future diagnosis and treatment of neurological disorders.
* Aging in general causes a decrease in efficiency and increase in potential neurological disorders.
 | **Enduring Understandings** * The skeleton is constantly changing throughout life to maintain homeostasis.
* Nutrition throughout life has an impact on the skeleton.
* Advanced technologies will alter the future diagnosis and treatment of skeletal disorders.
* Aging in general causes a decrease in efficiency and increase in potential skeletal disorders.
 | **Enduring Understandings** * The nervous system, skeletal system and muscular system must work together to control and coordinate movement.
* Diet and exercise impact muscular system health.
* Advanced technologies will alter the future diagnosis and treatment of muscular disorders.
* Aging causes a decrease in muscle efficiency and an increase in potential disorders.
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### Continuing the Species 33 instructional days

| **Unit**  | **Endocrine System - 8 Days**  | **Reproductive System - 12 Days**  | **Growth and Development - 13 Days**  |
| --- | --- | --- | --- |
| **TEKS**  | 7A, 7B, 10A, 11A, 11B, 11D   | 7A, 7B, 10A, 10B, 11A, 11B, 11C, 11D, 12B, 13B  | 10A, 10B, 11A, 11B, 11C, 11D, 12A, 12B, 12C, 13A, 13B  |
| **Stage One Snapshot**  | **Enduring Understandings** * The endocrine and nervous system interact to play a vital role in the control of homeostasis.
* Even a slight imbalance of hormones or malfunction of glands can cause a disruption in homeostasis.
 | **Enduring Understandings** * The reproductive system is responsible for producing offspring and continuation of species.
* Stem cell research could have major implications on the genetics of future generations.
* Changes occur in the reproductive system throughout life.

 | **Enduring Understandings** * Lifestyle choices and environmental factors play major roles in embryological development.
* Advancements in prenatal care improve the health of mothers and offspring.
* Stem cell research has the potential to completely change future generations.
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# Anatomy and Physiology (One Credit), TEKS Adopted 2015

Knowledge and skills.

1. The student demonstrates professional standards/employability skills as required by business and industry. The student is expected to:

\*(A) demonstrate verbal and non-verbal communication in a clear, concise, and effective manner; and \*(B) exhibit the ability to cooperate, contribute, and collaborate as a member of a team.

1. The student, for at least 40% of instructional time, conducts field and laboratory investigations using safe, environmentally appropriate, and ethical practices. These investigations must involve actively obtaining and analyzing data with physical equipment, but may also involve experimentation in a simulated environment as well as field observations that extend beyond the classroom. The student is expected to:
	1. demonstrate safe practices during laboratory and field investigations; and
	2. demonstrate an understanding of the use and conservation of resources and the proper disposal or recycling of materials.
2. The student uses scientific methods and equipment during laboratory and field investigations. The student is expected to:
	1. know the definition of science and understand that it has limitations, as specified in subsection (b)(4) of this section;
	2. know that hypotheses are tentative and testable statements that must be capable of being supported or not supported by observational evidence. Hypotheses of durable explanatory power that have been tested over a wide variety of conditions are incorporated into theories;
	3. ) know that scientific theories are based on natural and physical phenomena and are capable of being tested by multiple independent researchers. Unlike hypotheses, scientific theories are well-established and highly-reliable explanations, but they may be subject to change as new areas of science are created and new technologies emerge;
	4. distinguish between scientific hypotheses and scientific theories;
	5. plan and implement descriptive, comparative, and experimental investigations, including asking questions, formulating testable hypotheses, and selecting equipment and technology;
	6. collect and organize qualitative and quantitative data and make measurements with accuracy and precision using tools such as calculators, spreadsheet software, data-collecting probes, computers, standard laboratory glassware, microscopes, various prepared slides, stereoscopes, metric rulers, electronic balances, gel electrophoresis apparatuses, micropipettes, hand lenses, Celsius thermometers, hot plates, lab notebooks or journals, timing devices, Petri dishes, lab incubators, dissection equipment, meter sticks, and models, diagrams, or samples of biological specimens or structures;

\*(G) analyze, evaluate, make inferences, and predict trends from data; and

\*(H) communicate valid conclusions supported by the data through methods such as lab reports, labeled drawings, graphic organizers, journals, summaries, oral reports, and technology-based reports.

1. The student uses critical thinking, scientific reasoning, and problem solving to make informed decisions within and outside the classroom. The student is expected to:

\*(A) in all fields of science, analyze, evaluate, and critique scientific explanations by using empirical evidence, logical reasoning, and experimental and observational testing, including examining all sides of scientific evidence of those scientific explanations, so as to encourage critical thinking;

* 1. communicate and apply scientific information extracted from various sources such as accredited scientific journals, institutions of higher learning, current events, news reports, published journal articles, and marketing materials;
	2. draw inferences based on data related to promotional materials for products and services;

\*(D) evaluate the impact of scientific research on society and the environment;

(E) evaluate models according to their limitations in representing biological objects or events; and (F) research and describe the history of science and contributions of scientists.

1. The student evaluates the energy needs of the human body and the processes through which these needs are fulfilled.

The student is expected to:

* 1. analyze the chemical reactions that provide energy for the body;
	2. evaluate the modes, including the structure and function of the digestive system, by which energy is processed and stored within the body;
	3. analyze the effects of energy deficiencies in malabsorption disorders as they relate to body systems such as Crohn's disease and cystic fibrosis; and
	4. analyze the effects of energy excess in disorders as they relate to body systems such as cardiovascular, endocrine, muscular, skeletal, and pulmonary.
1. The student differentiates the responses of the human body to internal and external forces. The student is expected to:
	1. explain the coordination of muscles, bones, and joints that allows movement of the body;
	2. investigate and report the uses of various diagnostic and therapeutic technologies;
	3. interpret normal and abnormal contractility conditions such as in edema, glaucoma, aneurysms, and hemorrhage;
	4. analyze and describe the effects of pressure, movement, torque, tension, and elasticity on the human body; and
	5. perform an investigation to determine causes and effects of force variance and communicate findings.
2. The student examines the body processes that maintain homeostasis. The student is expected to:

\*(A) investigate and describe the integration of the chemical and physical processes, including equilibrium, temperature, pH balance, chemical reactions, passive transport, active transport, and biofeedback, that contribute to homeostasis; and

(B) determine the consequences of the failure to maintain homeostasis.

1. The student examines the electrical conduction processes and interactions. The student is expected to:
	1. illustrate conduction systems such as nerve transmission or muscle stimulation;
	2. investigate the therapeutic uses and effects of external sources of electricity on the body system; and (C) evaluate the application of advanced technologies such as electroencephalogram, electrocardiogram, bionics, transcutaneous electrical nerve stimulation, and cardioversion.
2. The student explores the body's transport systems. The student is expected to:
	1. analyze the physical, chemical, and biological properties of transport systems, including circulatory, respiratory, and excretory;
	2. determine the factors that alter the normal functions of transport systems; and (C) contrast the interactions among the transport systems.
3. The student investigates environmental factors that affect the human body. The student is expected to:

\*(A) identify the effects of environmental factors such as climate, pollution, radioactivity, chemicals, electromagnetic fields, pathogens, carcinogens, and drugs on body systems; and

 (B) explore measures to minimize harmful environmental factors on body systems.

1. The student investigates the structure and function of the human body. The student is expected to:

\*(A) analyze the relationships between the anatomical structures and physiological functions of systems, including the integumentary, nervous, skeletal, muscular, cardiovascular, respiratory, digestive, urinary, immune, endocrine, and reproductive systems;

\*(B) evaluate the cause and effect of disease, trauma, and congenital defects on the structure and function of cells, tissues, organs, and systems;

(C) research technological advances and limitations in the treatment of system disorders; and (D) examine characteristics of the aging process on body systems.

1. The student describes the process of reproduction and growth and development. The student is expected to:
	1. explain embryological development of cells, tissues, organs, and systems;

\*(B) identify the functions of the male and female reproductive systems; and (C) summarize the human growth and development cycle.

1. The student recognizes emerging technological advances in science. The student is expected to: (A) recognize advances in stem cell research such as cord blood use; and (B) recognize advances in bioengineering and transplant technology.

*Source: The provisions of this §130.224 adopted to be effective August 28, 2017, 40 TexReg 9123.*